



Hi there, I'm **Ashley**
I'm an Elementary School Counselor,
Curriculum Author, Blogger, and
Boy mama. I specialize in all
things Counseling & SEL.



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Google Slides

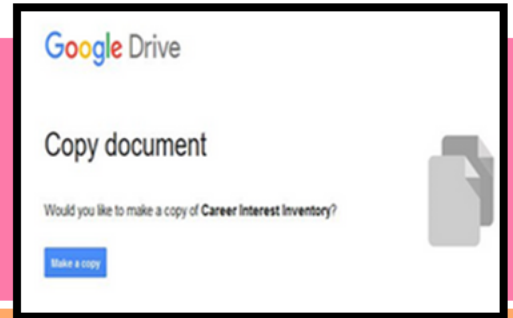
YOUR RESOURCE COMES WITH A DIGITAL VERSION FOR USE IN GOOGLE SLIDES VIA GOOGLE CLASSROOM. FOLLOW THESE STEPS TO UPLOAD YOUR RESOURCE.

Click here to get your copy:

Feelings at work

1

You will be prompted to make a copy of the resource. Click on the blue box that says "Make a copy" and the resource will go directly into your Google drive.



2

Go to your Google Drive and locate the copy of the file. You can rename the file at this point or add/delete slides.

3

Next, go to your Google Classroom and add an assignment. Select the Google Drive Symbol and select the resource you want to assign.

4

From here, you should see a grey box that says "Students can view file." Click the grey box. A dropdown menu should appear. Select, "Make a copy for each student."

5

From here, you should see a grey box that says "Students can view file." Click the grey box. A dropdown menu should appear. Select, "Make a copy for each student."

YOU HAVE TO MAKE A COPY FOR EACH STUDENT! Otherwise, they will all be editing the same file.

Click "Assign" in the top right corner if you're ready to post! This product is meant to be used in "edit" mode (not "presentation" mode). Edit mode is the only mode that allows drag & drop and writing in text boxes.

Helpful links for using Google Classroom:

[Teacher Tips for using Google Classroom \(TPT blog\)](#)

[Getting Started with Google Classroom \(youtube video\)](#)



Feelings at Work

Session Objective:

*Students will identify different emotions and tools to use to cope with their feelings.

I Can...Statement

I can identify my feelings.

Materials:

- PowerPoint
- Handouts
- Scissors, glue/tape, pencils.

Guiding Questions:

- *What are some signals that we are feeling a certain way?
- *What can you do if you need to calm down?

ASCA Standards Alignment:

- *Mindset: M 1 – Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being
- B-SS 2- Create positive and supportive relationships with peers and adults
- B-SMS 7 – Demonstrate effective coping skills when faced with a problem

SEL Competencies:

- *Self-Awareness: Identifying emotions.
- *Responsible decision making: Analyzing situations, solving problems.

Session Details

- Show the PowerPoint.
- Sorting activity: Have students complete the sorting activity by gluing the cards on page 16 to their correct "feeling" box on page 15.
- Craft: Have students determine what they are currently feeling and write it on their dump truck on page 20, then have them cut and paste the boulders on page 21 that they feel contributed to their current feeling and add them to their dump truck.
- Coloring pages: Have students color the coloring pages.
- Display the posters around the room or create a bulletin board to reinforce the learning.

Posters



The crane is
happy.



The dump truck is
angry.



The forklift is
sad.



The road roller is
scared.



The excavator is
worried.



The cement mixer is
excited.



The road roller is
calm.



The excavator is
surprised.



Scared



Sad



Angry



Worried



Happy



Surprised



Calm



Excited

Sorting Activity



Angry

Happy

Scared

Feelings at Work Area

Sad

Worried

Surprised







Angry

Happy

Scared

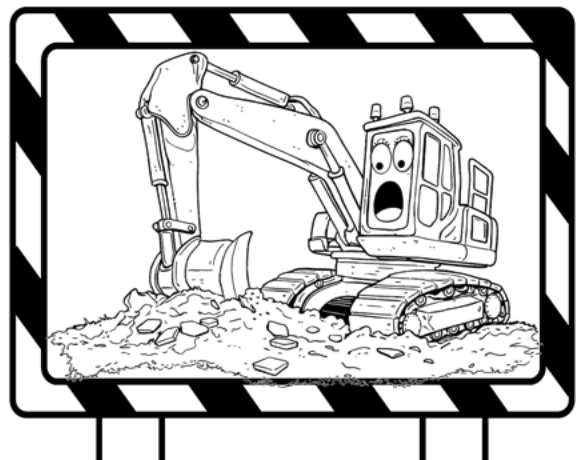
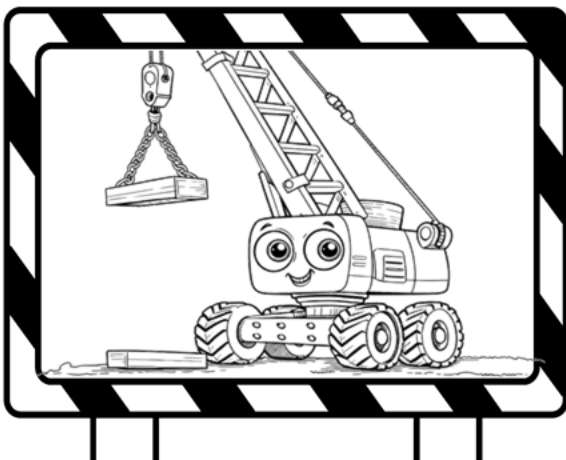
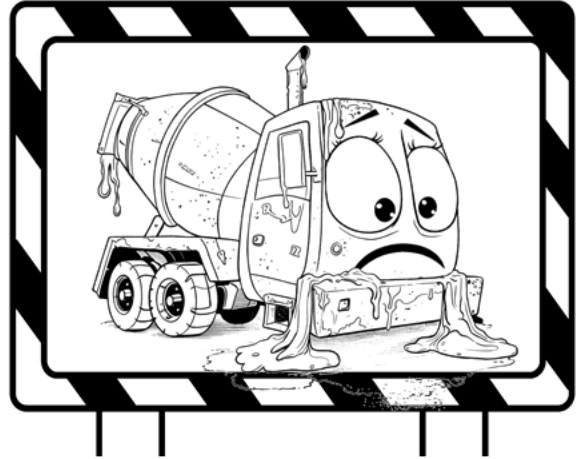
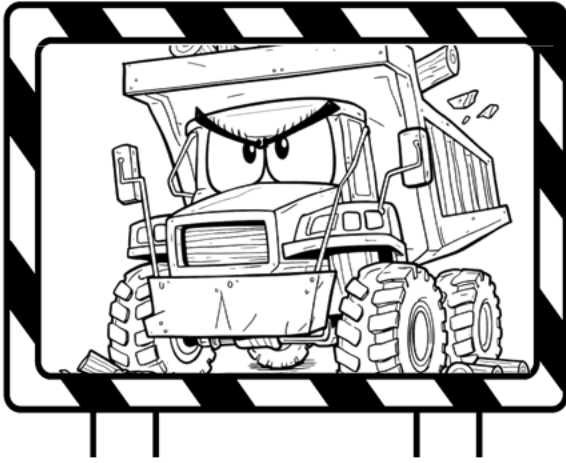
Feelings at Work Area

Sad

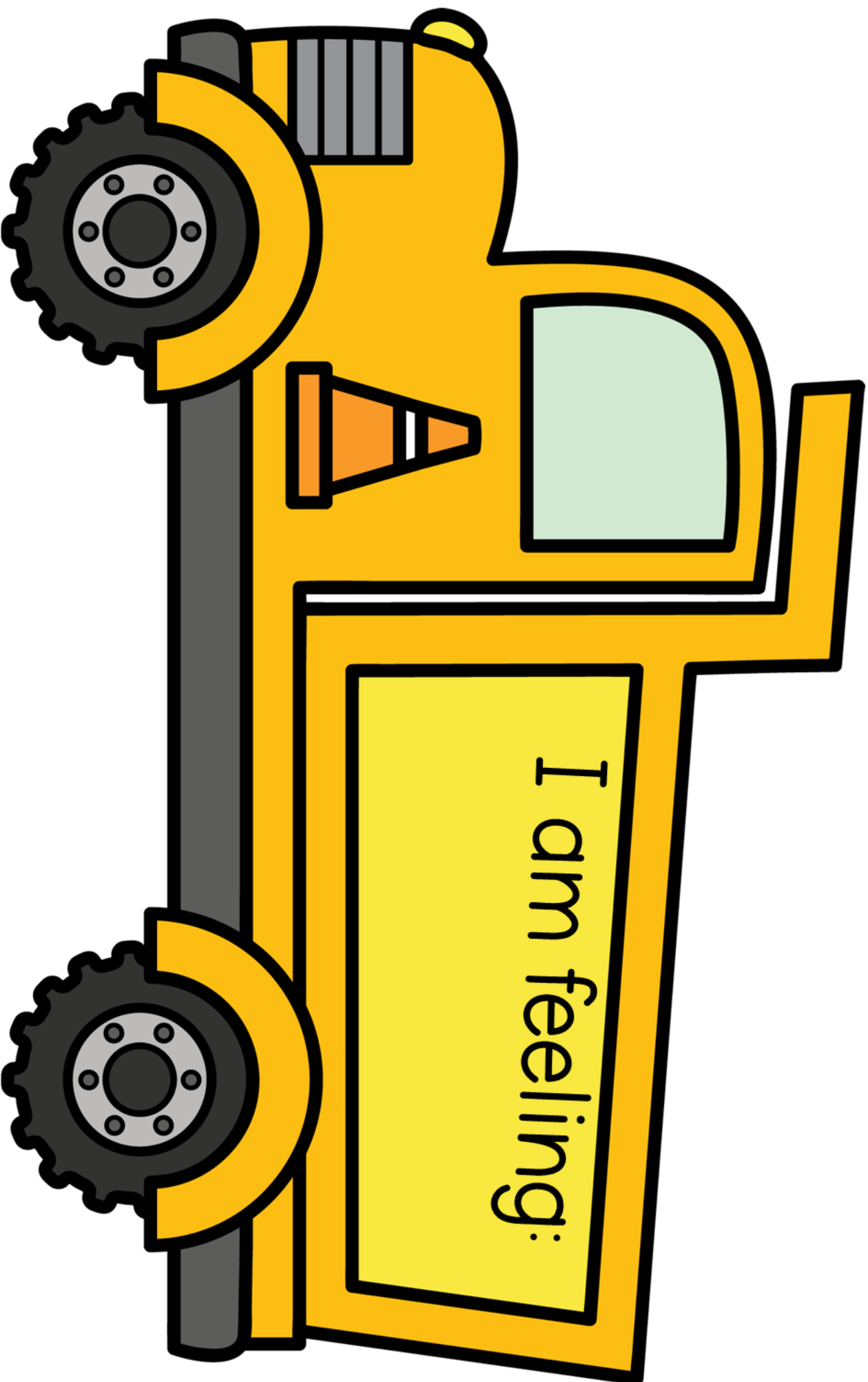
Worried

Surprised





Craft





Friends

Family

Teacher

Classmates

Schoolwork

Grades

Sports

School

World
events

Tests

Hobbies

Changes

Pets

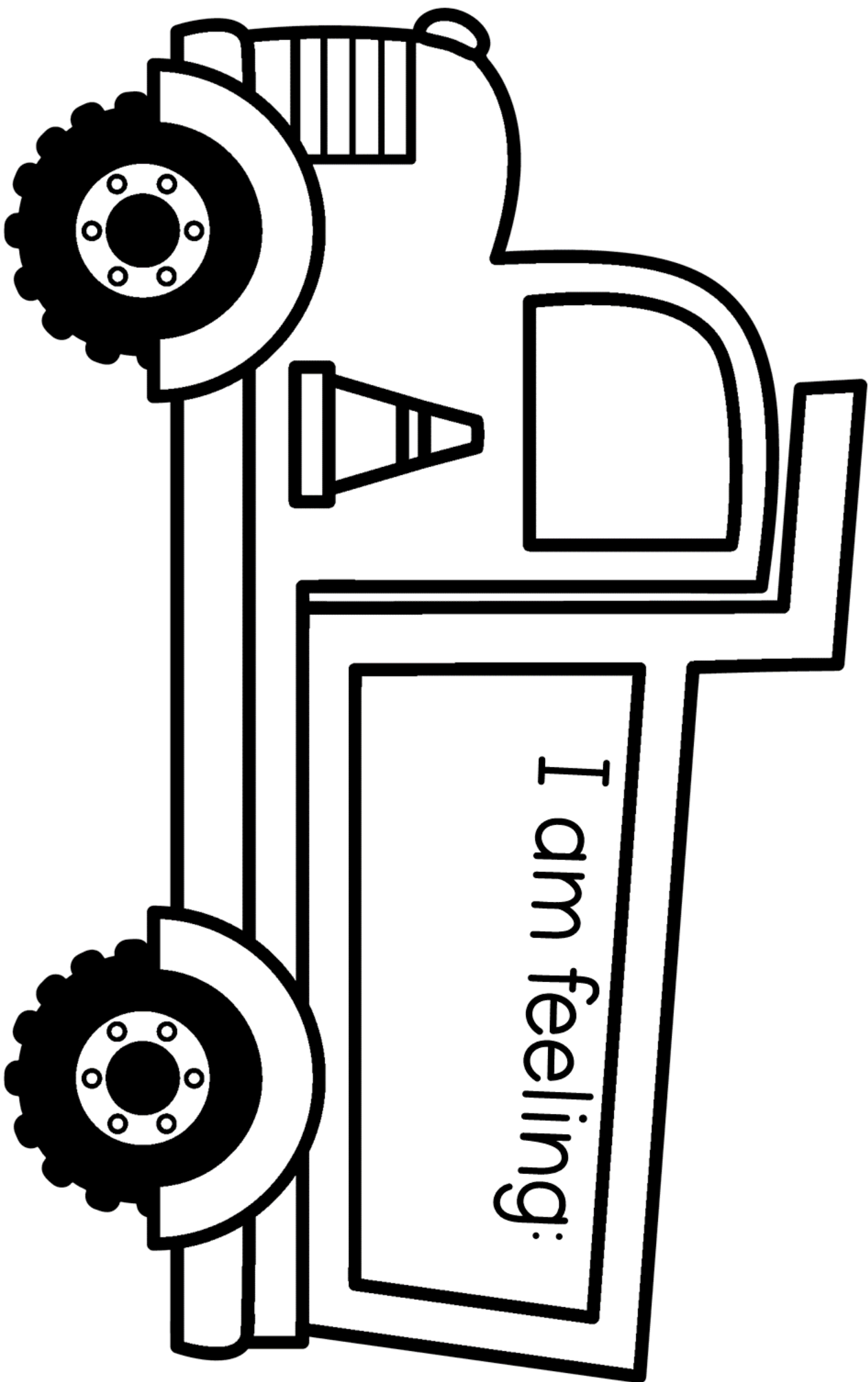
Siblings

Losing

Being
Included

Mistakes

Winning



Friends

Family

Teacher

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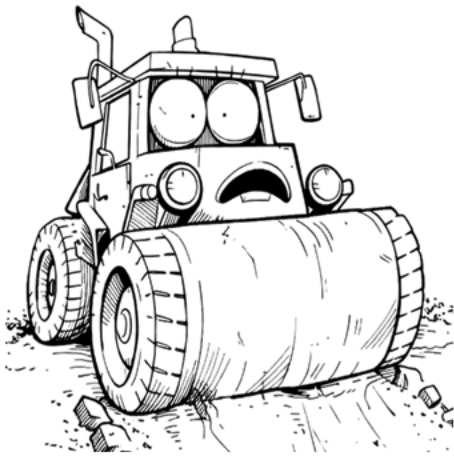
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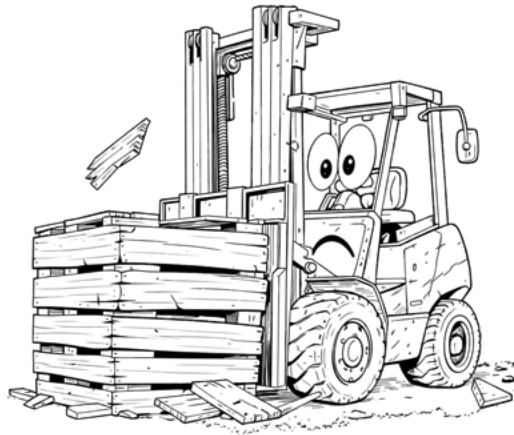
Mistakes

Winning

Coloring Pages



Scared



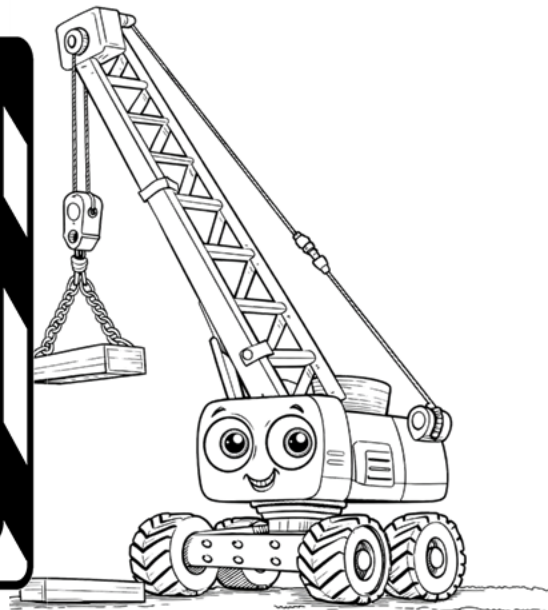
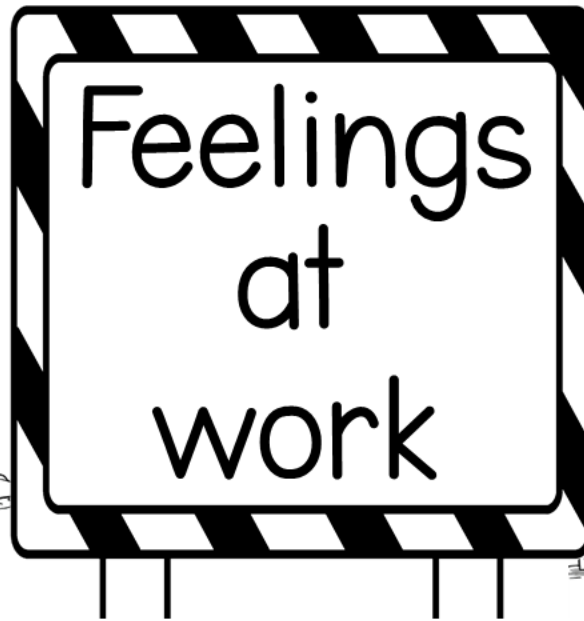
Sad



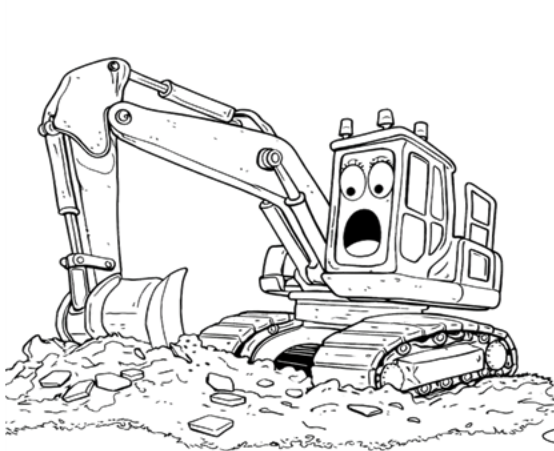
Angry



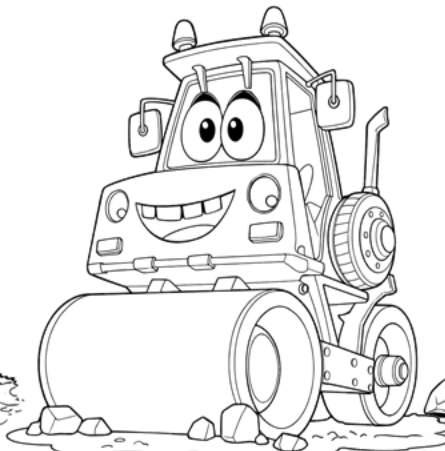
Worried



Happy



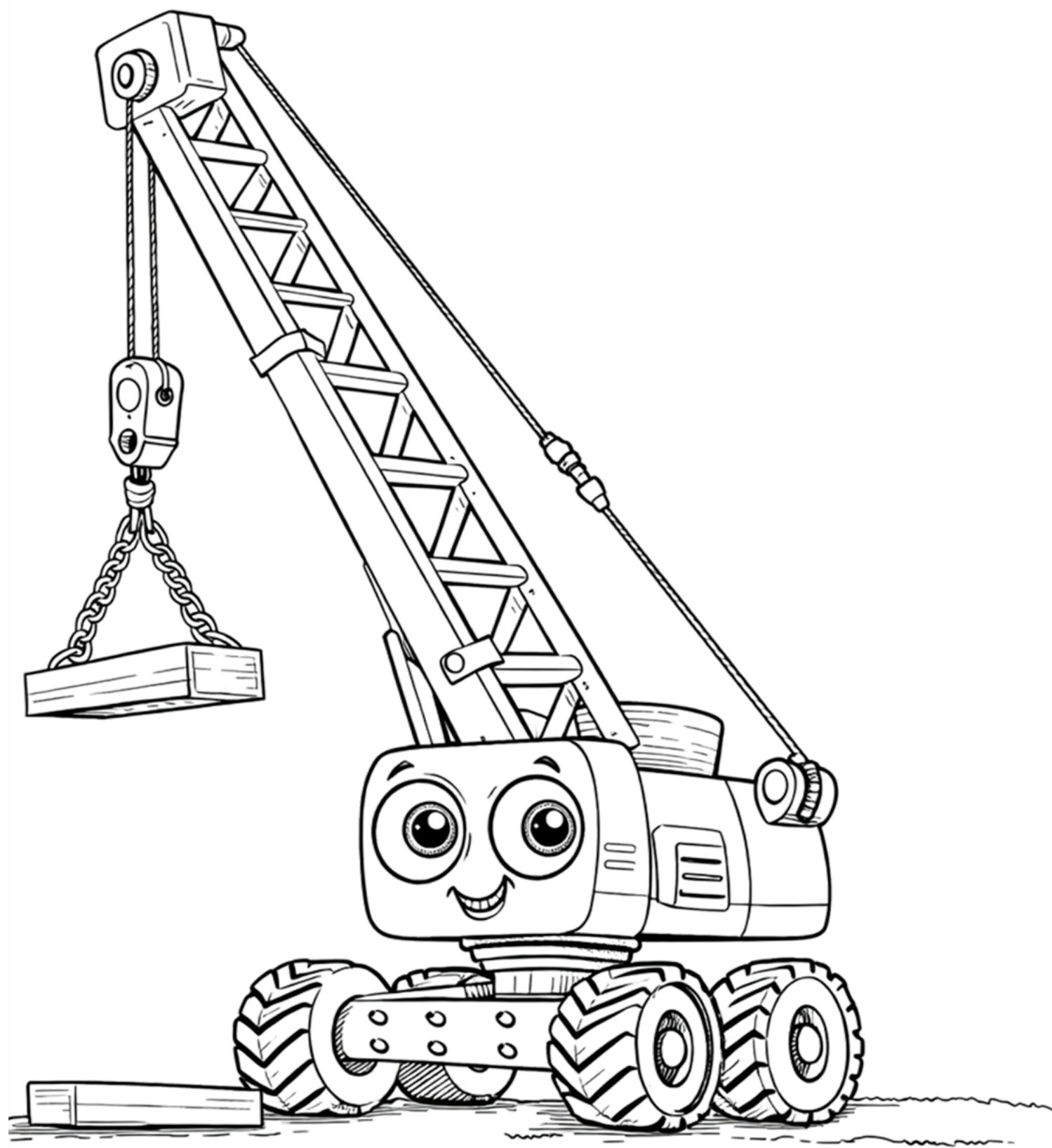
Surprised



Calm



Excited

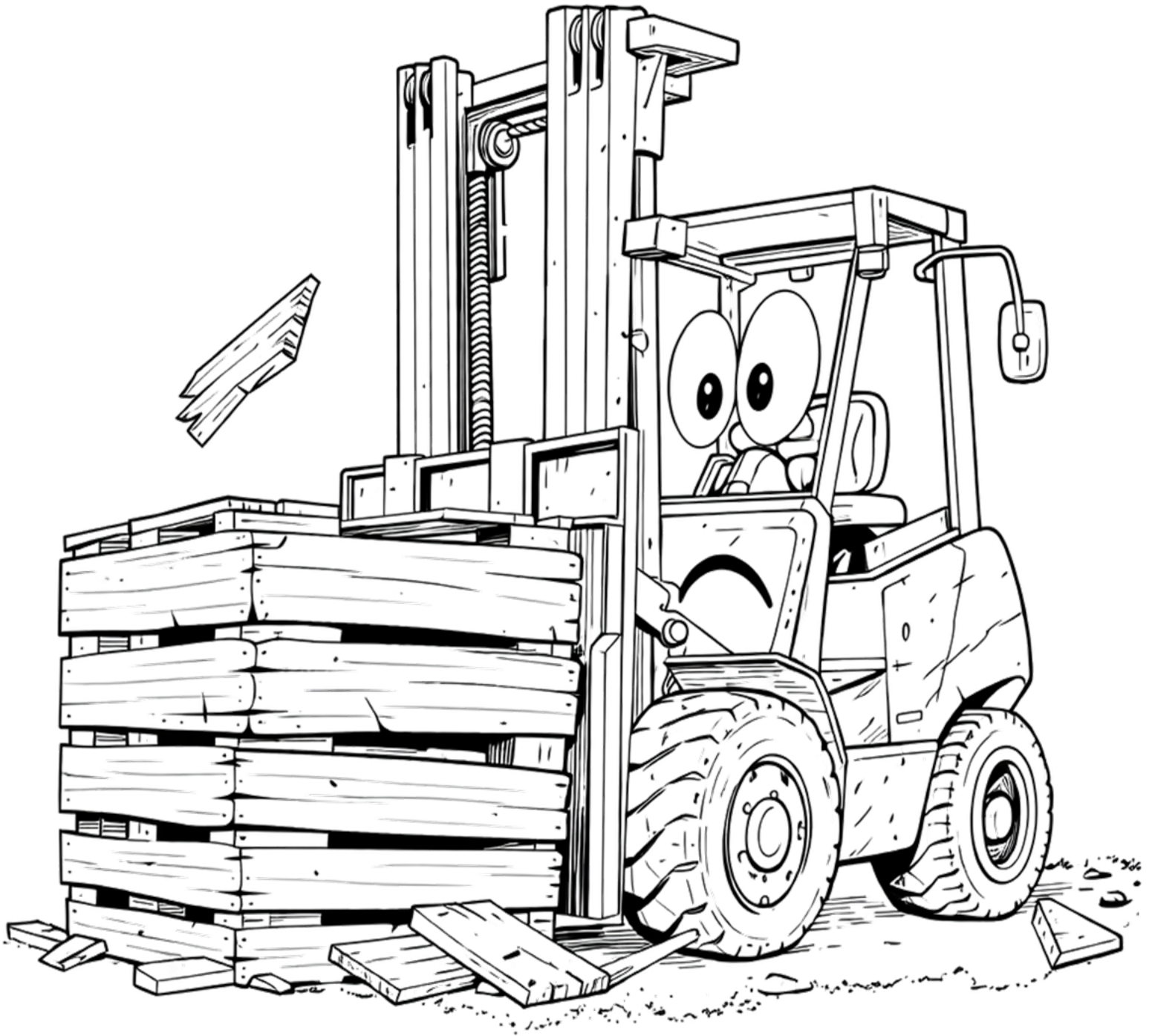


The crane is

happy.

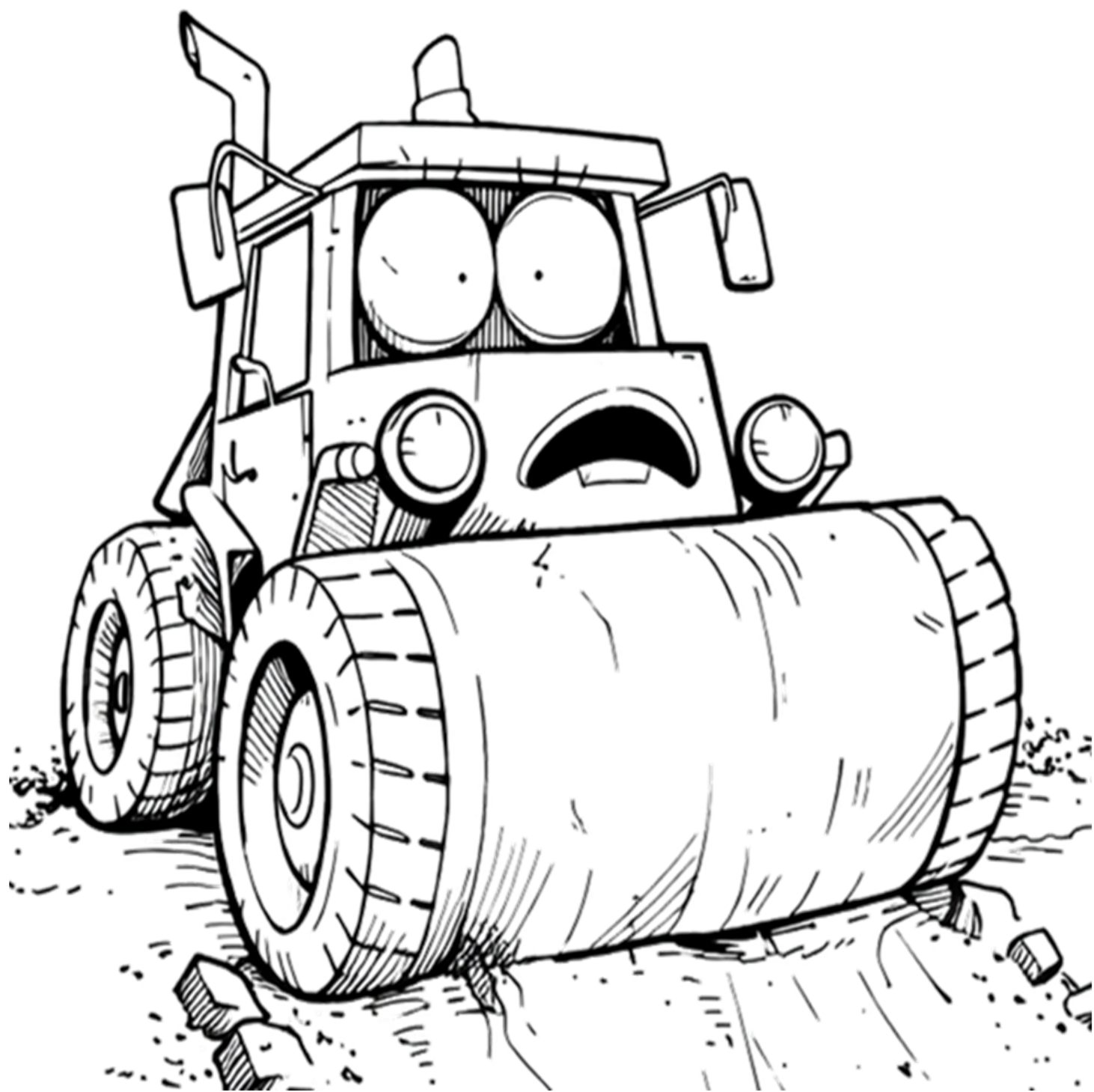


The dump truck is .
angry.



The forklift is

sad.



The road roller is
scared.

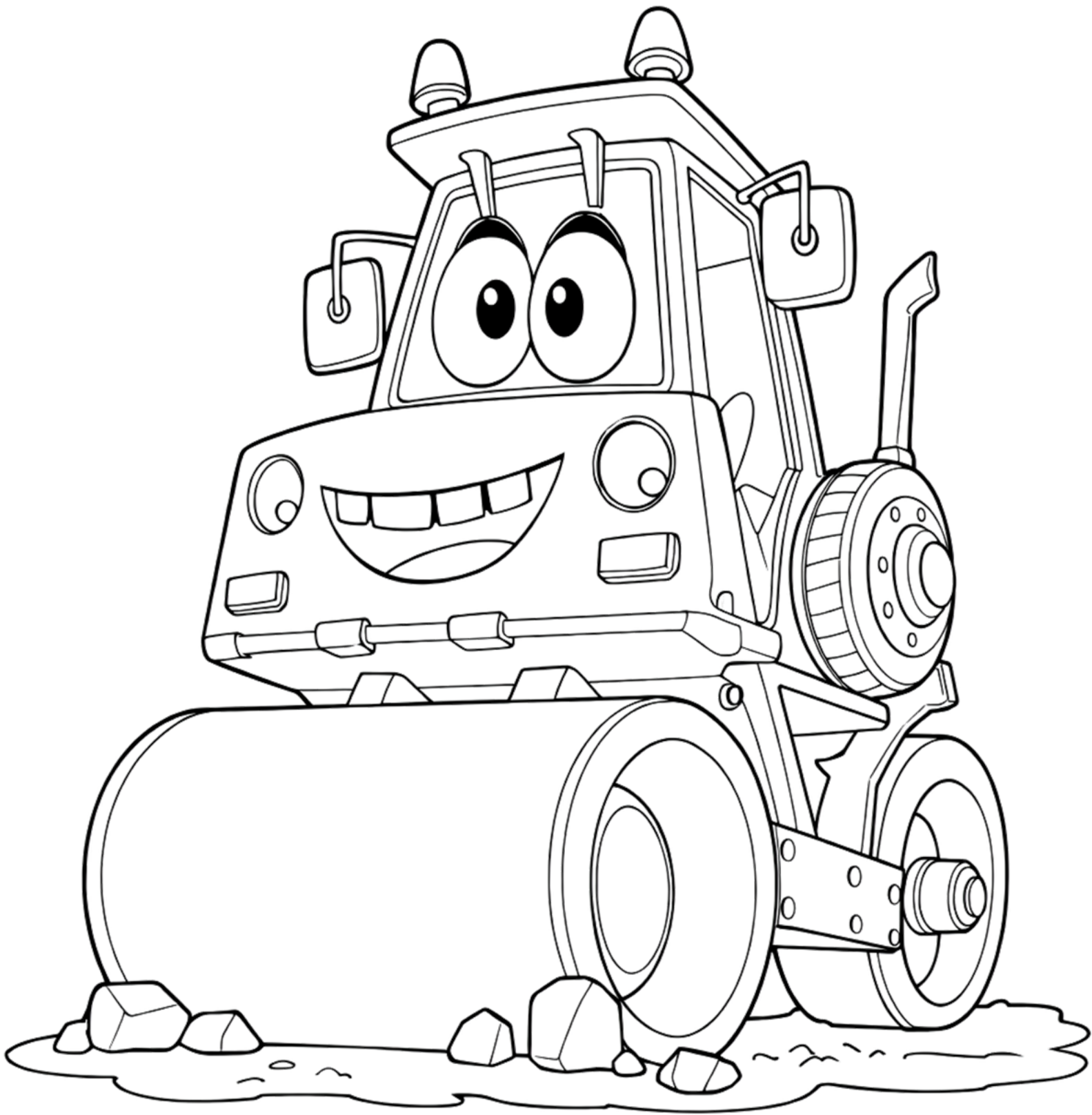


The excavator is
worried.



The cement mixer is

excited.



The road roller is

calm.



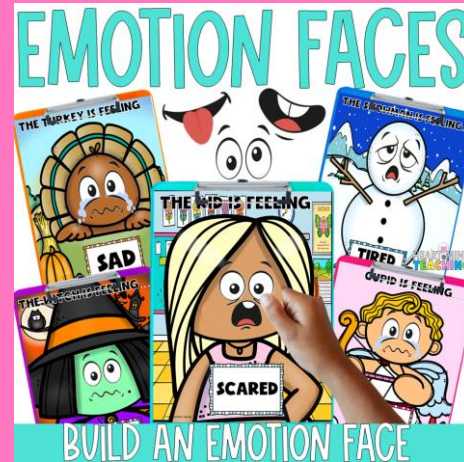
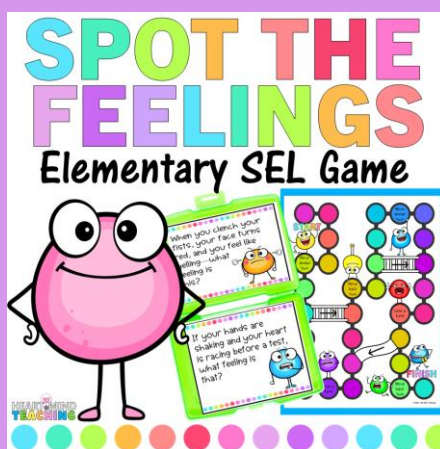
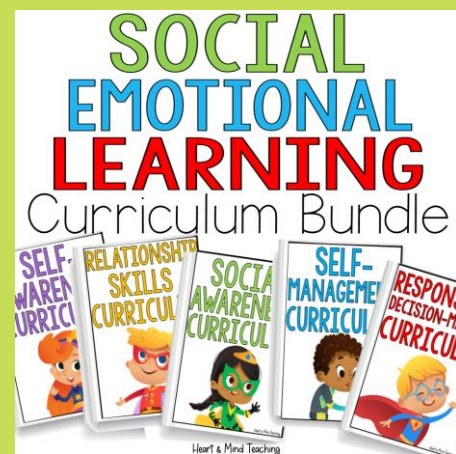
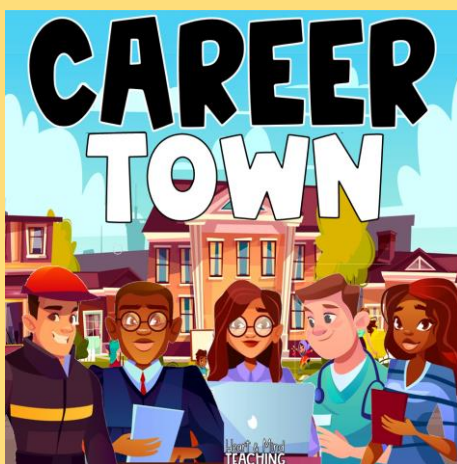
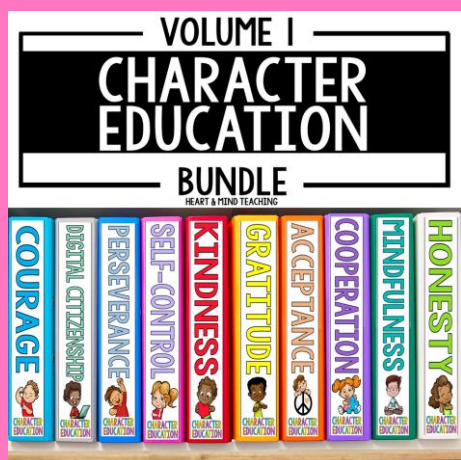
The excavator is
surprised.



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